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| Course Name      | – | <b><u>POST GRADUATE DIPLOMA IN CORPORATE COUNSELLING (work force)</u></b>    |
| Course Duration  | – | 12 months / One year / 24 credits / Maximum 15 Modules – <b>COURSE NO 90</b> |
| Course Mode      | – | Online / Downloadable & Reusable Materials / Guide Assisted                  |
| Course Structure | – | 24cr / 15credit compulsory + 9credit optional (as per learners' selection)   |
| Eligibility      | – | 10+2+3 Years or 10+2+3 Years + 2 Years                                       |

**COMPULSORY MODULES - 15 CREDITS / 7 MODULES**

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| <b>COR01 – Abnormal Psychology<br/>– 3 credits / 45 days learning</b>            | <b>Understanding Mental Health Issues</b>   |
| <b>COR02 – Counselling Process and Skills<br/>– 3 credits / 45 days learning</b> | <b>Process knowledge and skills required for counselling individuals and groups</b>   |
| <b>COR03 - Counselling Techniques A<br/>– 2 credits / 30 days of learning</b>    | <b>200 most important techniques from Psychotherapy, CBT, Play Therapy, ART Therapy, NLP, DBT, Mindfulness will be covered.</b> |
| <b>COR04 - Counselling Techniques B<br/>– 2 credits / 30 days of learning</b>    | <b>Proven advanced counselling techniques from both talk and expressive therapies will be covered.</b>                          |
| <b>COR07 - Corporate Counselling<br/>– 2 credits / 30 days of learning</b>       | <b>Counselling Process and Documentation Involved in counselling work force</b>   |
| <b>PGD05 - Pragmatism<br/>– 1 credit / 15 days of case work</b>                  | <b>15 cases will be solved using all the techniques, skills, therapies, and exercises learnt throughout the course.</b>         |
| <b>PGD06 - Dissertation<br/>– 2 credits/30 days of inductive learning</b>        | <b>Theoretical or empirical work on a selected topic with guide's assistance</b>  |

**OPTIONAL MODULES - CHOOSE FIVE TO EIGHT MODULES FROM THE BELOW LIST TOTTALLING 9 CREDITS**

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| <b>PSY99 - Psychology<br/>– 2 credits/ 30 days of learning</b>                  | <b><i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i></b> |  |
| <b>COR08 - Workplace Mental Health Issues – 2 credits / 30 days of learning</b> | <b>COR12 – Coaching, Mentoring and Counselling – 2 credits / 30 days</b>  | <b>COR16 - Counselling for Gender issues @ work – 1 credit / 15 days of learning</b>     |
| <b>COR09 – Coaching Strategies &amp; Techniques – 2 credits / 30 days</b>       | <b>COR13 – Stress Management and Counselling – 2 credits / 30 days</b>  | <b>COR17 – Counselling for Bullying (case approach) – 1 credit / 15 days</b>             |
| <b>COR10 – Managing Counter- Productive Work Behaviours – 2 credits</b>         | <b>COR14 – Counselling for Addiction (case approach) – 2 credits</b>  | <b>COR18 – Counselling for relationship and family issues (case approach) – 1 credit</b> |
| <b>COR11 – Training Employees – 2 credits / 30 days of learning</b>             | <b>COR15 – Career Counselling (case approach) – 2 credits / 30 days</b>   | <b>COR19 – Counselling for higher performance (case approach) –1 credit</b>              |
| <b>Course Fee</b>   | <b>Learners from India</b>  | <b>Learners from other countries</b>   |
| <b>Life Member of IHMH</b>  | <b>Rs. 11, 300</b>  | <b>\$400</b>   |
| <b>Others</b>   | <b>Rs. 12, 800</b>  | <b>\$460</b>   |

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.co

**For other course details and course FAQ's visit relevant course page at our website  
[www.imh.in](http://www.imh.in) – [www.psychologyonline.in](http://www.psychologyonline.in)**